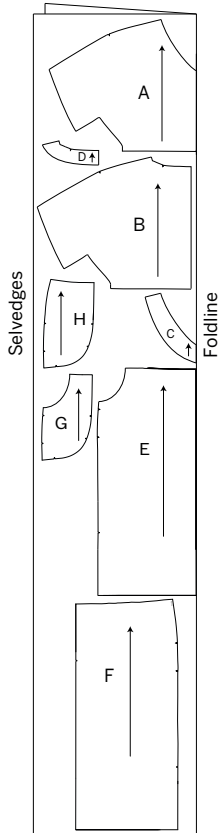


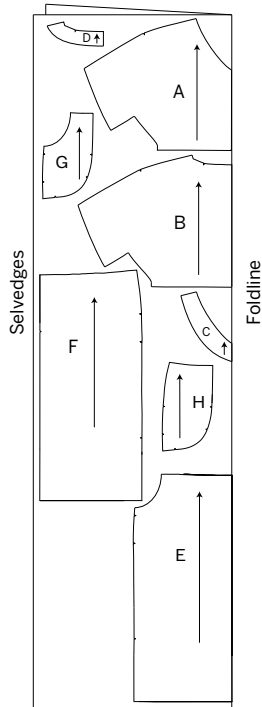
THE ADELE DRESS

CUTTING LAYOUT

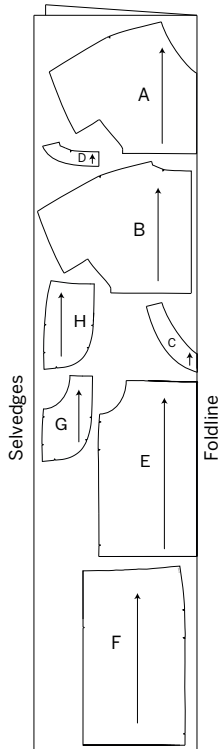
DRESS A
115CM (45IN) WIDTH
FABRIC



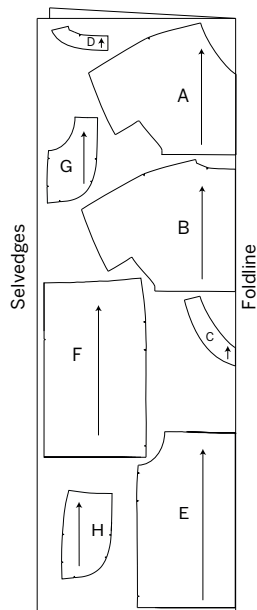
DRESS A
140CM (55IN) WIDTH
FABRIC



DRESS B
115CM (45IN) WIDTH
FABRIC



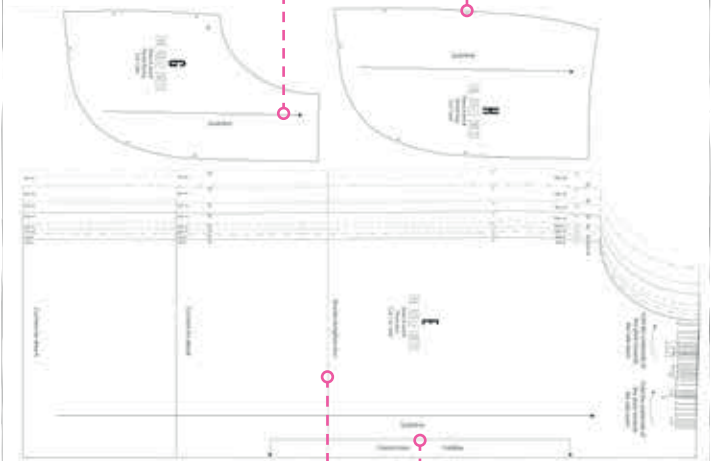
DRESS B
140CM (55IN) WIDTH
FABRIC



PATTERN MARKINGS

Grainline arrows: These are to let you know where to place the pattern piece along the fabric grain.

Notches: These are marked on the edges and are mostly used for matching up pattern pieces.



Shorten/lengthen lines: These lines indicate the point on the pattern where you can lengthen or shorten your garment to suit your height.

Foldline: This line indicates where the pattern should be positioned on the fold of the fabric.

STITCHING TERMS

Staystitch: This is a line of regular machine stitching usually worked 3mm (1/8in) inside the seam line, often used to stabilise curves to stop them stretching out of shape.

Seam allowance: Sew all seams with a 1.5cm (5/8in) seam allowance unless otherwise stated. All seam allowances are included in this pattern.

Right side (RS)/Wrong side (WS): The right side of the fabric has the design on it. For a plain fabric, the right side is usually a little brighter or shinier.

Finish the seam allowance: Use a zigzag or overlocking stitch or use an overlocker to finish the raw fabric edges to stop them fraying.

Press: Press all the seams where suggested in the instructions. You will achieve a smoother finish on your completed garment.

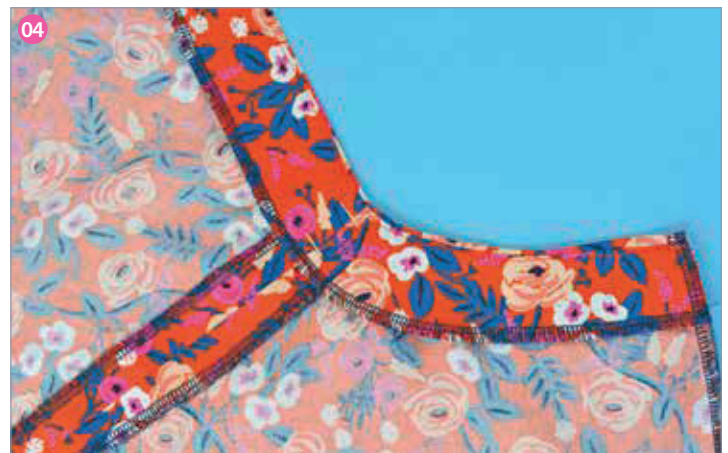
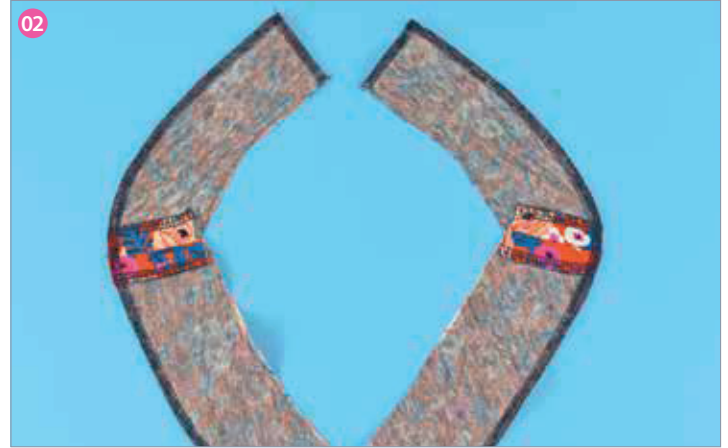
Understitch: This is a line of stitching worked through the facing and seam allowance 3mm (1/8in) away from the seams to stop the facing rolling to the outside of the garment. Understitching will not be visible on the outside.

Stitch in the ditch: This is a method of topstitching that can hardly be seen from the right side. It is worked from the outside, right on top of the seam 'in the ditch' and is used to hold layers of fabric together invisibly.

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THE ADELE DRESS



CUTTING OUT

First decide whether you want to make Dress A, the midi dress, or Dress B, the knee-length dress. Next, choose your size using the size chart on the pattern envelope, then cut out all of the pattern pieces according to your size or trace the pattern pieces onto pattern paper and cut them out. The front skirt and back skirt pieces show where to cut the bottom edge depending on whether you're making Dress A or Dress B.

Make sure you follow the directions on the pattern pieces, laying them along the grainline. Some pattern pieces state to cut one pair – this means that one is the mirror image of the other as you are cutting the two pieces on folded fabric. Pin your pieces into place, then double check everything before cutting them out of the fabric you have chosen. Transfer all pattern markings using tacking stitches or pins.

Cut out the following pieces from the fabric:

Front bodice (A) – cut 1 on fold.

Back bodice (B) – cut 1 pair.

Front facing (C) – cut 1 on fold.

Back facing (D) – cut 1 pair.

Front skirt (E) – cut 1 on fold.

Back skirt (F) – cut 1 pair.

Pocket facing (G) – cut 1 pair.

Pocket bag (H) – cut 1 pair.

Cut out the following pieces from the interfacing:

Front facing (C) – cut 1 on fold.

Back facing (D) – cut 1 pair.

MAKING THE DRESS

JOINING THE SHOULDERS

Step one Staystitch the necklines of the front bodice and back bodice pieces.

Step two Using your preferred method, finish the shoulder seam allowances of the front and back bodice pieces.

Step three Place the front and back bodice pieces RS together and then stitch the shoulder seams. Press open. **01**

MAKING THE FACINGS

Step one Press the interfacing pieces to the WS of the corresponding front and back facing pieces.

Step two Finish all the short edges of the front and back facing pieces.

Step three With RS together, stitch the front and back facing pieces together at the shoulder seams. Press open.

Step four Finish the seam allowance of the outer edge of the facing piece. **02**

ATTACHING THE FACINGS

Step one Finish the centre back seam allowances of the back bodice pieces.

Step two With RS together, stitch the facing around the neckline, starting and finishing either side of the centre back. **03**

Step three Trim the seam allowance down by half. Clip into the seam allowance at regular intervals and clip a triangle into the centre front V, close to but not through your stitching.

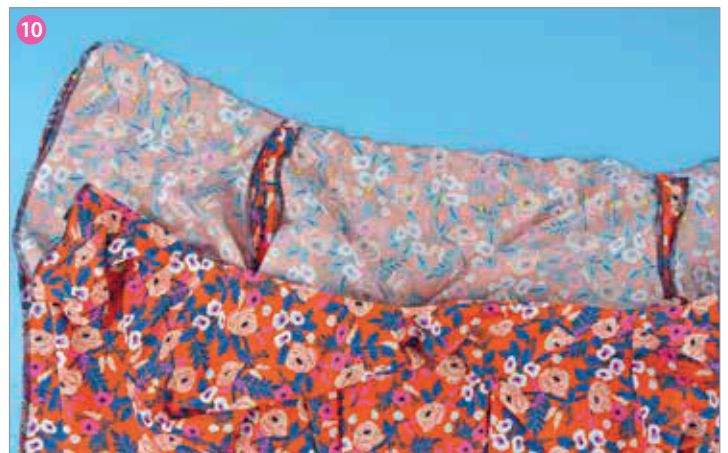
Step four Press the facing towards the seam allowance around the neckline.

Step five Understitch the facing to the seam allowance around the neckline, starting and finishing either side of the centre back seam.

Step six Fold the facing to the inside and press the neckline into place.

Step seven Stitch in the ditch along the shoulder seams. **04**

THE ADELE DRESS



We can't resist a dress with pockets! Make the pocket bag in contrast fabric for a splash of colour or pattern.



STITCHING THE SIDE SEAMS

Step one Finish the side/underarm seam allowances of the bodice and the sleeve hems.

Step two With RS together, stitch the side/underarm seams of the bodice, starting at the underarm and finishing at the waist. ⁰⁵

Step three Press the seams towards the back.

HEMMING THE SLEEVES

Step one Turn each sleeve hem under by 2cm ($\frac{3}{4}$ in) to the WS and press.

Step two Stitch the hems in place by hand or machine.

PLEATING THE SKIRT PIECES

Step one Pin and machine tack the pleats on the front skirt pieces within the seam allowance following the markings on the pattern piece.

Step two Press the underside of the pleats towards the side seams. ⁰⁶

Step three Pin then machine tack the pleats on the back skirt pieces within the seam allowance.

Step four Press the underside of the pleats towards the side seams.

ADDING THE POCKETS

Step one Staystitch the curved edge of both of the pocket openings on the front skirt piece.

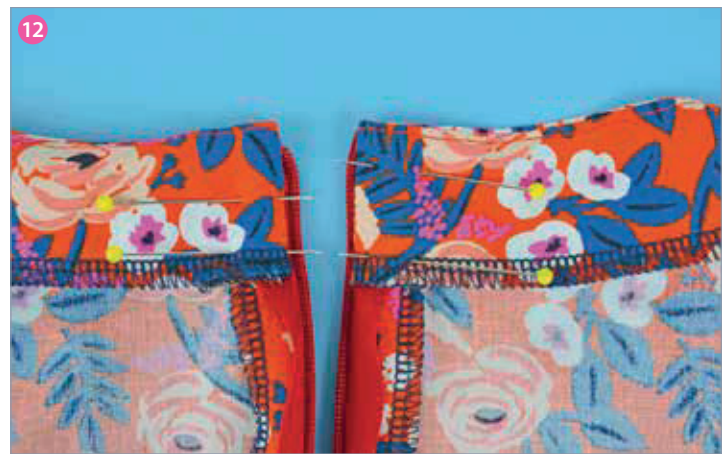
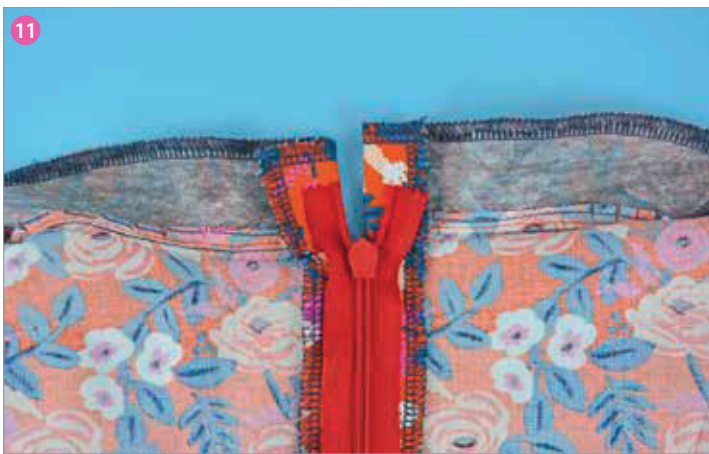
Step two With RS together, stitch the pocket facing to the front skirt along the curved edge of the pocket opening.

Step three Trim the seam allowance down by half then clip into the seam allowance at regular intervals.

Step four Press the pocket facing towards the seam allowance and understitch into place. ⁰⁷

Step five Press the pocket facings in place to the inside of the of the front skirt.

THE ADELE DRESS



Step six With RS together, pin and stitch a pocket bag to a pocket facing along the curved edge only. Finish the seam allowance along the curved edge. **08**

Step seven Machine tack the side seams of the pocket bag and facing to the side seam of the front skirt within the seam allowance.

Step eight Machine tack the top of the pocket bag and pocket facing along the waist of the front skirt within the seam allowance. **09**

ATTACHING THE SKIRT

Step one With RS together, stitch the front and back skirt pieces together at the side seams.

Step two Finish the seams and press towards the back.

Step three Finish the centre back seam of the skirt.

Step four With RS together, stitch the bodice and skirt together around the waist, matching the side seams. Finish the seam and press upwards. **10**

INSERTING THE ZIP

Step one Stitch the invisible zip into the centre back opening. Make sure the top of the zip teeth are positioned in line with the neckline. **11**

Step two Stitch closed the remainder of the centre back seam below the zip.

Step three Press the centre back seam open.

Step four Hand sew the back neck facing to the zip tape at the centre back. **12**

HEMMING THE DRESS

Step one Check you are happy with the length and finish the bottom raw edge.

Step two Press the hem of the dress under by 2cm (3/4in) to the WS.

Step three Hand or machine stitch the hem into place.

Step four Give your dress a final press to finish.

FINISHED GARMENT MEASUREMENTS

SIZE	UK	6	8	10	12	14	16	18	20
	US	4	6	8	10	12	14	16	18
	EUR	34	36	38	40	42	44	46	48
BUST	cm	101	104	106	109	114	119	127	135
	in	40	41	42	43	45	47	50	53
WAIST	cm	66	68	71	74	79	84	91	99
	in	26	27	28	29	31	33	36	39
HIPS	cm	99	102	104	107	112	117	124	132
	in	39	40	41	42	44	46	49	52

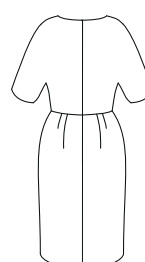
DIAGRAMS

DRESS A

FRONT

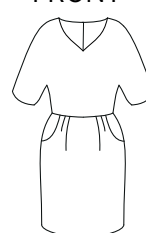


BACK

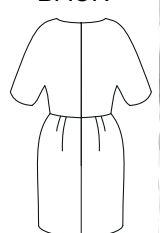


DRESS B

FRONT



BACK



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THE DRAPE DRESS
SIZES 8-26

SEW WITH STRETCH FABRICS

DRESS A
TWO SLEEVE STYLES

DRESS B
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